



My Daily Commitment

I promise to believe in myself
and play the leading role in my
life. Sometimes I may feel as though I've
fallen behind, but I'll trust the universe
has my back.

If I miss an opportunity that's ok,
another will come. And another.

It's never a matter of time, only a matter
of expansion, my expansion. So I'll be
guided by my Mood Barometer and look
for things to feel good about. Every day!

Love from Me

Print and place next to your mirror so that you can make this commitment each morning.